



# Ways to be a Great Parent!

- 1** Love your children unconditionally and tell them daily that you love them.
- 2** Respect your children.
- 3** Talk to your children and more importantly, listen to what they have to say.
- 4** Let your children know that everybody makes mistakes ...even you!
- 5** Be a good role model by watching what you say and do around your children.
- 6** Create family rituals like a story before bedtime every night, or Sunday family dinners.
- 7** Support your children and encourage them in all that they do.
- 8** Set clear limits and show your children consistent and caring discipline.
- 9** Spend quality time with your children and take an active interest in their lives.
- 10** Keep your children out of harmful situations and away from harmful people.
- 11** Be a great example to your children by showing your spouse or partner unconditional love and respect.
- 12** Take care of yourself and take time for yourself.
- 13** Laugh with your children every day.
- 14** Keep every promise you make to your children.
- 15** Encourage good behaviour and discourage bad behaviour.
- 16** Never hurt, criticise or ridicule your children.
- 17** Be there for your children and help them when they need you.
- 18** Allow your children to be children and then allow your children to grow-up.
- 19** Don't ever give up on your children.
- 20** Remember...you were a child once too!