

The Internet is a BIG place so make sure you surf between the safety flags

Once something is online anyone in the world can look at it, so you should only send out things you'd want other people to see

Never give out your personal information on the Internet

Don't arrange to meet anyone you've met online

If someone sends you a nasty email or mobile phone message, don't reply. Tell a grown-up instead

Stay on the safe sites

Be on your best behaviour when you're online

If you see something on the Internet that upsets you, turn the computer off and tell a grown-up straight away

When in doubt, ask a grown-up



For support and more information visit www.strongsafefamilies.online