

Let's make safer communities for families

What can kids and young people do to help?



Be kind and respectful

Be respectful with your friends, siblings and parents. If you are angry or upset, practice using your words to let people know how you feel.

It's not funny to hurt people. Learn some helpful things to say when people use unkind language, or make jokes about being violent (e.g. "that's so gay", jokes that make fun of disabled people or jokes about hitting and violence).

Celebrate all people - everyone should have the same rights!

Learn more about other cultures, find out what LGBTIQA+ means, talk to an older person about their life.

Make it clear that people from all backgrounds, cultures, genders, ages and abilities are welcome in your home.

Enjoy lots of different events such as Chinese New Year, the Paralympics and grandparents day.

We love it when people can be who they want to be

Share your favourite cultural and traditional foods and music with your friends so they can learn more.

Learn about pronouns and what they mean.

Ask your friends about their pronouns and say it's ok for someone to have a gender that they weren't born with.

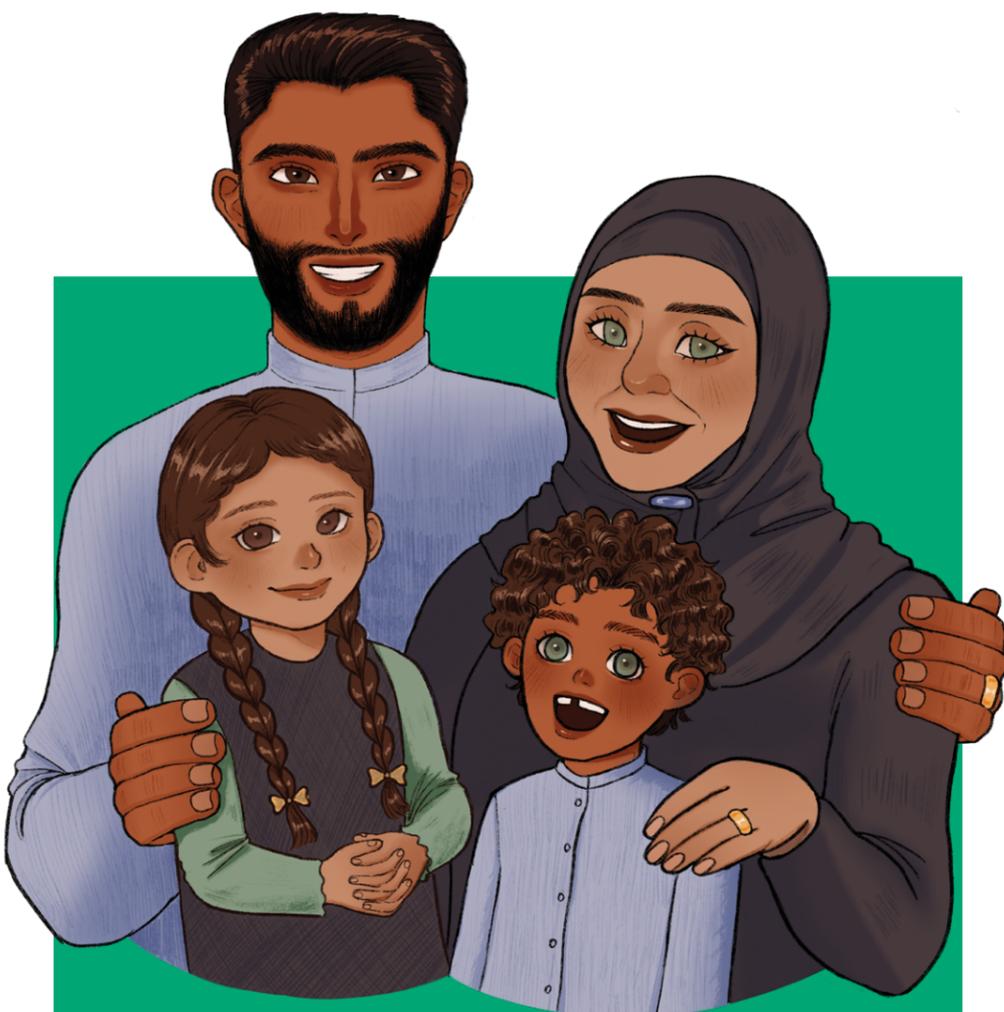
Support your friends in the celebration of their important occasions such as Christmas or Ramadan.

Think about safety so you know what to do

Get your whole family involved with preventing violence by downloading the resources from strongsafefamilies.online and holding a family meeting to talk through it.

If someone you know is not safe, reach out to a trusted adult, for example: a teacher, parent, school counsellor, family member or carer.

Think about how you can be safe online too.



Everyone deserves to live in a safe home!

 For more information, visit strongsafefamilies.online

REMEMBER:

In a crisis, call the police on 000.

[Kidshelpline](https://www.kidshelpline.com.au) has online materials on domestic and family violence and is available 24/7 on 1800 55 1800.