

2 Minute Noodles ++

- 1 PACKET OF NOODLES - PREFERABLY BROWN RICE
- 1 CUP FROZEN VEGETABLES
- 1/2 POACHED CHICKEN BREAST (OPTIONAL)
- 1-2 TEASPOONS OLIVE OR SESAME OIL
- 2-4 TEASPOONS SOY SAUCE

- COOK NOODLES AS PER INSTRUCTIONS.
- HEAT FROZEN VEGETABLES TO STEAM AND THEN ADD TO NOODLES.
- ADD SLICED CHICKEN BREAST IF USING.
- PREFERABLY DO NOT ADD THE SEASONING PACKETS TO THE BOWL. INSTEAD ADD OIL AND SOY SAUCE.

