

Neapolitan Pasta

- 1 PACKET PASTA - PREFERABLY WHOLEMEAL OR PULSE PASTA
- 1 TIN DICED TOMATOES
- 1 TABLESPOON DRIED MIXED HERBS
- 1/2 CUP GRATED CHEESE

- COOK PASTA AS PER PACKET INSTRUCTIONS. SET ASIDE.
- COOK DICED TOMATOES AND DRIED HERBS FOR A FEW MINUTES UNTIL HOT.
- STIR THROUGH PASTA.
- TOP WITH GRATED CHEESE TO SERVE

NUTRITION INFORMATION

- 1.COMPLEX CARBOHYDRATE = PASTA
2. PROTEIN = CHEESE
- 3.HEALTHY FAT = CHEESE
- 4.MICRONUTRIENTS = MIXED HERBS & TOMATOES

